



NOR'WESTER

Rotary Club of Northwest Des Moines
www.clubrunner.ca/northwestdesmoines

July 16, 2010

Prez Sez...

Eric Dickinson

Ted Cochran
My Angel Foundation

Arranged By:

Leslie Malcom

Greeter:

Jim Arthur

Invocation:

Cam Torstenson

Sergeant:

Bill Grask

Scribe:

Julia Taylor

Wow! What a nice turn out at Christopher's for the Installation Dinner. I thank all of you who attended. The night began with a sampling of each of the appetizers by all people in attendance. From there past-President Wendi Wilson took over the podium. She began by awarding several of our members with Perfect Attendance Awards. From only a few years to over 30 years are all fantastic accomplishments.

Wendi then called up each of her past Board members and presented them with a gift certificate for their hard work over this past year. All of this work is greatly appreciated. Next came the passing of the Presidential pin from Wendi Wilson to Eric Dickinson for the upcoming year. Eric in turn presented Wendi with a Past-President pin that she will continue to wear for years to come. Eric then introduced the incoming Board for the upcoming year and thanked them for the work they are each willing to take on for the next Rotary year.

Eric then went on with the help of both Dianne Downing-Nelson with the basket of names and Past-President Wendi Wilson drawing out 6 names as winners of \$100 Paul Harris Awards. Congratulations to each of the people chosen.

Lastly, I would like to thank all of the people at Christopher's for all that they did in preparing for this event. Again, the setting was wonderful and the food was fantastic. Thank you for helping to get us started on another great year of Rotary.

2010 Officers & Directors

- Eric Dickinson, President
- Wanda Armstrong, President Elect
- Brad Helgemo, Secretary
- Marcus Dunn, Treasurer
- Ed Arnold, Director
- Jim Arthur, Director
- Dan Boes, Director
- Jenifer M-K, Director
- Diane Porter, Director
- Wendi Wilson, Past President
- Dianne D-Nelson, Exec Sec
- Mark McAndrews, Exec Treas

Scribbles

Wendi Wilson

Friday's speaker may have volunteered to help combat podium withdraw. Wendi earned her BS degree from Graceland in 1988 then completed her degree in optometry at Indiana University in 1992. Upon graduation and returning to Iowa, Wendi served in Ankeny, Altoona, and Beaverdale, then located at her present location on 86th Street. During her first 3 years of undergraduate study, Wendi considered the OBGYN specialty. Realizing that this could interfere with family life, and after a visit to her optometrist, she began studies towards an optometric degree.

Her presentation started with anatomy of the eye and a discussion on cataracts, causes, and symptoms. Long term exposure to ultraviolet light is a major cause, along with certain medications. Not unusual at age 60+. Symptoms include sensitivity to light, weakened night time vision, and sometimes

deterioration in color vision. Lens replacement/implant is a common solution. Modern technique and equipment can accomplish this in an 8 hour surgery.

Macular degeneration results from a break down of retinal cells disturbing central vision and resulting in difficulty in reading, distorted and blurred vision. This normally starts after age 50 and is sometimes caused by vascular disease, head injury, long-term sun exposure, smoking, and high blood pressure.

Wendi's first Power Point presentation was a success (regardless of her daughter's opinion that it might be boring). Thank you Wendi.



Scribe
Larry Sample

Future Programs

7/23: Mark Davis
MS Society of Central IA

7/30: John Viars
Des Moines Playhouse

Other Local Meetings

Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)
 Johnston, Hyperion Golf & CC, (7:00 am)
 Dallas Center, Memorial Hall, (Noon)
 West Des Moines, DM Golf & CC, (Noon)

Wednesday

East Polk County, Prairie Meadows, (7:00 am)
 Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)
 The Greater Des Moines Club, Jimmy's (6:00 pm)

Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)
 Des Moines, Wakonda Club, (Noon)
 Winterset, Northside Cafe, (Noon)

Friday

Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)

Installation Dinner



We'll Be Singing . . .

Opening: My Country 'Tis of Thee
 Song Time:
 This Is My Country
 Smiles

Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

Jenifer Mercer-Klimowski

Phone: 515-237-2203

Fax: 515-237-2283

elliotspudmom@yahoo.com

BIRTHDAYS

June 27 David Smith

July 10 Eric Dickinson

Future Information

| <u>Program</u> | <u>Greeters</u> | <u>Invocation</u> | <u>Sergeant</u> | <u>Scribe</u> |
|---|-----------------------------------|---|--|--|
| <i>Chairperson:</i> Leslie Malcom | <i>Chairperson:</i> TBA | <i>Chairperson:</i> Jim Pittman | <i>Chairperson:</i> Beth Goedken | <i>Chairperson:</i> Larry Sample |
| Leslie Malcom, July 23 | Ed Arnold, July 23 | Wendi Wilson, July 23 | Jim Smidt, July 23 | Liz Nead, July 23 |
| Leslie Malcom, July 30 | Dan Boes, July 30 | Randy Taber, July 30 | TBA, July 30 | Jim Smidt, July 30 |
| TBA, Aug 6 | TBA, Aug 6 | Kevin Smith, Aug 6 | TBA, Aug 6 | Matt Bunker, Aug 6 |